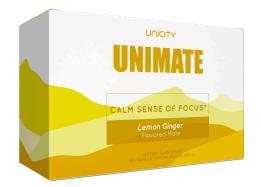
# UNICITY UNIMATE

Feel more alive and energetic without the crashes. The completely clean energy your body and mind wants.



# Why People Love It?

- Feel great all day. Enjoyed anytime.
- No crash and non-addictive\*
- Suppresses hunger and cravings by using stored fat for fuel\*
- Boosts mood, mental and physical performance\*
- Improves endurance and strength during exercise\*
- Promotes healthy digestion\*
- High quality purification; free from contaminants and pesticides\*



Yerba mate contains naturally occuring:

**Chlorogenic acids** – Chlorogenic acids are a family of polyphenol compounds found in plants like yerba mate, green coffee beans, and tea. They have important biological effects in the body, supporting normal healthy brain function and promoting improved mood.

**Mate saponins** - Mate saponins are a class of molecules that are specific to the yerba mate plant. Mate saponins support metabolic flexibility.

**Theobromine** - Theobromine is a molecule that is similar in structure to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus and reduces mental fatigue.



### How To Use It:





## What Is Yerba Mate?

Yerba Mate is a popular South American herb ingested for enhancing metabolic health and weight-loss outcomes. It has been called "the drink of the gods" by many indigenous South Americans. In 1964, the Pasteur Institute found that Yerba Mate contains practically all the vitamins needed to sustain human life in addition to containing seven out of nine essential amino acids.

#### What Is Unimate?

The Yerba Mate in Unimate is unique due to its five-step patented process. It begins with handpicking each leaf, fire-roasting, then extracting and concentrating the active biological molecules. This is followed by EFLA®HyperPure Technology purification, increasing the safety, stability and absorption (bioavailability) of this truly unique Mate extract.

The beneficial effects of Unimate cannot be attributed to one biological molecule (i.e., chlorogenic acids or caffeine) rather the result of the synergistic effect between all its constituents, making it one of a kind for metabolic and mental health.

Unimate benefits from an excellent safety profile. The extract did not show any side effects and was well-tolerated in a clinical trial. Toxicological tests further confirm the excellent safety profile of the extract.





natural production of ketones\*

Clinical study demonstrated the ability of Unimate to increase the body's production of ketones by 80% for two hours when used in a fasted state. This is likely due to the high chlorogenic acids in Unimate that increases fat burning by 24%.



endurance and stamina\*

Clinical study demonstrated the ability of Unimate to increase strength by 13% and aerobic fitness by 5% in a single use. The antioxidants of Unimate reduce oxidative stress by 50%, up to 6 hours.



relaxation\*

Clinical study using the Oxford Happiness Questionnaire found psychological well-being, increased 20% after taking Unimate. This is likely due to the ability of chlorogenic acids and theobromine to support healthy mood and cognition.



Clinical study observed in those who took Unimate once daily for 30 days had an average 12% reduction of total cholesterol, 5% reduction of LDL cholesterol, 11% reduction of triglycerides, 5% reduction in fasting blood-glucose and a 3% reduction in HbA1c levels.



Clinical study found Unimate had an average of 10% reduction in waist circumference, 7% reduction in hip circumference, 4.8% reduction in weight (kg). Other studies have validated Unimate's ability to support healthy weight loss due to the triterpenoid saponins to support healthy gene expression of anti-obesity related genes.

IMPAKT LIFE UNICITY

## References

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Amount Per Packet <b>Calories</b>		10
	Q	% Daily Value*
Total Fat	0 g	0%
Total Carbohydrate	2 g	1%
Dietary Fiber	0 g	0%
Total Sugars	0 g	
Includes 0 g of added sugar		0%
UniMate	3 g	+
(Green Mate Leaf Extract)	<u> </u>	

**OTHER INGREDIENTS:** Erythritol, Citric Acid, Sodium Gluconate, Natural Flavors, Rebaudioside A, Sucralose.



